

EYFS

Set Work for period of self-isolation due to Corona Virus.

**Activities for self-isolation**

Dear families,

During a period of self-isolation, it is important to help children to maintain their usual school routines and continue with their learning when they are well enough to do so. Whilst we are certainly not advocating that children should continue their learning whilst unwell, we are also aware that many parents will want to continue to support their children when they feel better (and would usually have returned to school). Therefore we have created this pack to support you with appropriate learning opportunities.

All of the learning that the children complete can be compiled and returned to school after the period of self-isolation. This will help us to continue to monitor their progress and offer support where necessary. We hope you will find these activities useful and we look forward to seeing your child when they return to school.

Yours sincerely

*Hazel Packer*

*P. Medicott*

Hazel Packer  
Federation Headteacher (Infant)

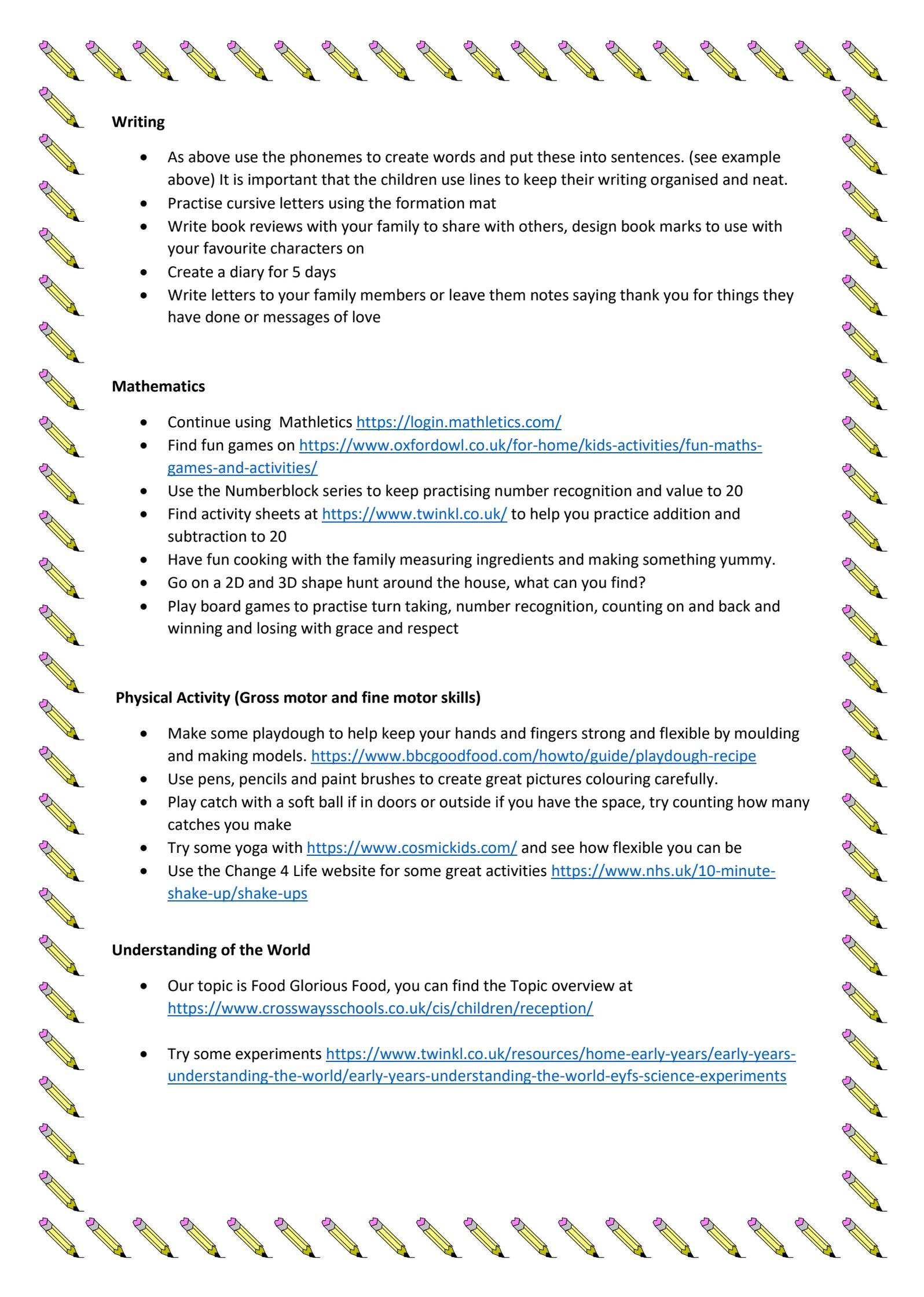
Paul Medicott  
Federation Headteacher (Junior)

**\*You can upload learning to your child's e-profile if you would like to share this with your child's teacher through this period.\***

<http://help.evidence.me/parent-share/help-for-parents/>

**Reading and phonics**

- Use the phoneme tags to keep practising sounds daily
- Use the individual sounds to build up words and write these into sentences using the challenge words. **Eg. c a t, h a i r, b a t h**  
**The cat can wash his hair in the bath.**
- Continue to read books daily and record this in your reading records
- Look at books on line if you want to broaden the range.  
Eg. <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>
- Play fun games on <https://www.teachyourmonstertoread.com/>  
<https://www.phonicsplay.co.uk/BuriedTreasure2.html>
- Watch <https://www.bbc.co.uk/cbeebies/shows/alphablocks>



## Writing

- As above use the phonemes to create words and put these into sentences. (see example above) It is important that the children use lines to keep their writing organised and neat.
- Practise cursive letters using the formation mat
- Write book reviews with your family to share with others, design book marks to use with your favourite characters on
- Create a diary for 5 days
- Write letters to your family members or leave them notes saying thank you for things they have done or messages of love

## Mathematics

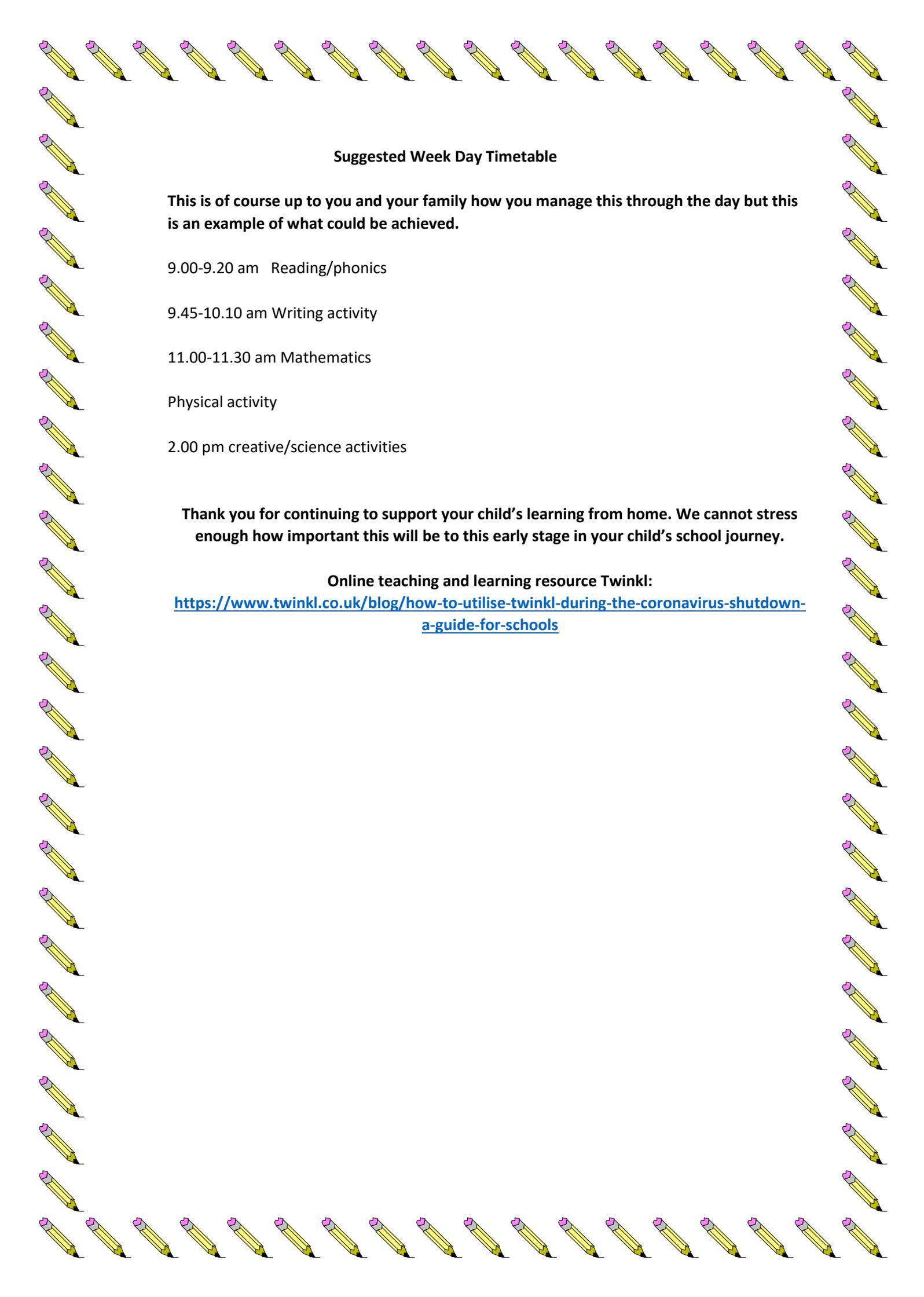
- Continue using Mathletics <https://login.mathletics.com/>
- Find fun games on <https://www.oxfordowl.co.uk/for-home/kids-activities/fun-maths-games-and-activities/>
- Use the Numberblock series to keep practising number recognition and value to 20
- Find activity sheets at <https://www.twinkl.co.uk/> to help you practice addition and subtraction to 20
- Have fun cooking with the family measuring ingredients and making something yummy.
- Go on a 2D and 3D shape hunt around the house, what can you find?
- Play board games to practise turn taking, number recognition, counting on and back and winning and losing with grace and respect

## Physical Activity (Gross motor and fine motor skills)

- Make some playdough to help keep your hands and fingers strong and flexible by moulding and making models. <https://www.bbcgoodfood.com/howto/guide/playdough-recipe>
- Use pens, pencils and paint brushes to create great pictures colouring carefully.
- Play catch with a soft ball if in doors or outside if you have the space, try counting how many catches you make
- Try some yoga with <https://www.cosmickids.com/> and see how flexible you can be
- Use the Change 4 Life website for some great activities <https://www.nhs.uk/10-minute-shake-up/shake-ups>

## Understanding of the World

- Our topic is Food Glorious Food, you can find the Topic overview at <https://www.crosswaysschools.co.uk/cis/children/reception/>
- Try some experiments <https://www.twinkl.co.uk/resources/home-early-years/early-years-understanding-the-world/early-years-understanding-the-world-eyfs-science-experiments>



## Suggested Week Day Timetable

This is of course up to you and your family how you manage this through the day but this is an example of what could be achieved.

9.00-9.20 am Reading/phonics

9.45-10.10 am Writing activity

11.00-11.30 am Mathematics

Physical activity

2.00 pm creative/science activities

Thank you for continuing to support your child's learning from home. We cannot stress enough how important this will be to this early stage in your child's school journey.

Online teaching and learning resource Twinkl:

<https://www.twinkl.co.uk/blog/how-to-utilise-twinkl-during-the-coronavirus-shutdown-a-guide-for-schools>